

2025 Research Day Presentation Schedule		
8:00am – 9:45am		CME Sessions
9:00 - 10:00am	Courtyard	Research Day Poster & Presenter Check-in
9:45 – 10:15am	Courtyard	Research Day Poster Presentations, Refreshment Break & Exhibits Exhibits, Refreshments, Poster Presentations, Chair Massages and FREE Headshots!
10:30 - 11:30am	Crystal III	Research Day Oral Presentations (faculty, students)
10:30 - 10:50am		Reimagining the future of physician wellbeing: A learning-community approach. <i>Renata Carneiro, PhD and Nguyet -Cam Lam, MD, Faculty St Luke's FMR, Bethlehem</i>
10:50 - 11:10am		Improving Community Health Through an Integrated Service Model <i>Abigail Perelman, Medical Student Perelman School of Medicine at the University of Pennsylvania</i>
11:10 - 11:30am		JeffYOGA Pilot Study: Promoting Sustained Weight Loss <i>Julia Evans and Sunisha Busarajan, Medical Students Sidney Kimmel Medical College</i>
11:30 - 1:00pm	Courtyard	Annual Business Meeting & Luncheon (Included with registration) Join us in celebrating outstanding leaders in Family Medicine! <ul style="list-style-type: none"> • AAFP Update • Installation of President and Officers • Convocation of Fellow Degree
1:00 - 2:30pm		Concurrent Research Day Oral Presentations (Residents)
1:20 - 1:40pm	Crystal III	It's Leg Day: A Case Study Exploring Rickettsia versus Vibrio Infections Complicated by Rhabdomyolysis <i>Sasheenie Moodley, MD, PhD Penn Medicine Lancaster General FM Residency</i>
1:20 - 1:40pm	Crystal I RIG Project	Creating Community-Based Partnerships to Improve Dietary and Exercise Patterns for Community Members <i>Caitlin O'Brien, DO and James Easler, DO AHN Forbes Family Medicine</i>
1:40 - 2:00pm	Crystal III	Converting Responses to a Social Determinants of Health Questionnaire into a Tool for Actionable Change in the Community. <i>Hannah Coombe, DO Heritage Valley FM Residency</i>
1:40 - 2:00pm	Crystal I RIG Project	Integration of Lifestyle Medicine Shared Medical Appointments for the treatment and Management of Type 2 Diabetes <i>Philip Lieberman, MD and Elyssa Heisey, DO Abington Family Medicine</i>
2:00 - 2:20pm	Crystal III	Utilization of Emergency and Outpatient Mental Health Services by LGBTQ Populations in Rural and Semi-Rural Settings <i>Shirley Hochhauser, DO and Hendrik Marais, MD, MS Geisinger Lewistown Rural FM Residency</i>

2:00 -2:20pm	Crystal I RIG Project	Laundry on Linden: Bridging Healthcare Gaps, One Load at a Time <i>Andrea Teodorovic, MD and Phia Martinez, MD</i> <i>St. Luke's Sacred Heart FM Residency, Sigal Center</i>
2:30 – 3:00pm	Courtyard	Research Day Poster Presentations, Refreshment Break & Exhibits Exhibits, Refreshments, Poster Presentations, Chair Massages and FREE Headshots!
3:00 – 4:45pm		Research Day Oral Presentations (Residents)
3:10 – 3:30pm	Crystal III RIG Project	New Kensington Healthy Living Initiative and Food Shuttle <i>Nicholas Dominick, DO and Ariel Badger MD</i> <i>UPMC St Margaret Family Medicine Residency</i>
3:30 – 3:50pm	Crystal III	A Global Health Quality Improvement Project: Enhancing Cervical Cancer Awareness and Screening in Nigeria <i>Ilham Umar, MD</i> <i>WellSpan Good Samaritan Hospital</i>
3:30 – 3:50pm	Crystal I	Enhancing Medical Student Comfort with Musculoskeletal Medical Problems Through an Intensive Bootcamp: A Prospective Study <i>Morris Taylor, MD and Anthony Dambro</i> <i>Penn State Health FCM Residency - Hershey</i>
3:50 -4:10pm	Crystal III	Step & DASH: Improving Hypertension Through A Clinic-Wide Multimodal Approach <i>Diana Zheng, DO</i> <i>St Luke's Bethlehem Family Medicine Residency</i>
3:50 -4:10pm	Crystal I	Healing Together: Incorporating Osteopathic Principles in the Trauma Informed Care Curriculum <i>Barak Marshall, DO and Renata Carneiro, PhD</i> <i>St Luke's Bethlehem Family Medicine Residency</i>
4:10 – 4:30pm	Crystal III	Dermatology Education & Training: A structured approach for Family Medicine Residents <i>Muhammad Hamza Bangash, MD and Qurat-ul-ain Bangish, MD</i> <i>WellSpan Good Samaritan Hospital</i>
5:15 – 6:30pm	Courtyard	Research Day and Annual Awards Cocktail Reception