

## Spring Connect Conference

(Featuring the FM Essentials Summit, Research Day, Business Meetings and Awards ceremonies)

### April 4 – 5, 2025, Eden Resort, Lancaster

**Faculty Disclosure** - All faculty participating in this continuing medical education activity are expected to disclose any real or apparent conflict(s) of interest related to the content of their presentation(s). Full disclosure of faculty relationships will be made at the activity. Any reported conflicts of interest were cleared prior to this event.

#### KEY

CME	Workshops	Social	Research Day	Business Meeting	Patient Safety <i>PS</i>	Wellness 
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### FRIDAY, APRIL 4, 2025


<b>3 – 4:15 pm</b>	<b>Committee Meetings (COCPD, Resident and Students, GPAC, PAC Board)</b>
<b>4:15 – 5:15 pm</b>	<b>Board Meeting</b>
<b>5:15 – 6:15 pm</b>	<b>PAC – Wine Tasting and Pairing</b> <i>Donation required – see registration form for details</i>
<b>6:15 – 8:15 pm</b>	<b>RIG (Residency Impact Grant) Summit w/ dinner</b>
<b>8:30 pm</b>	<b>Social Event TBD (wine/beverages and dessert)</b>

### SATURDAY, APRIL 5, 2025

**7:45 am**  
**Welcome and Opening Remarks**

CME	Workshops	Research Day
<b>8 – 9 am <i>PS</i></b> <b>Perinatal TiPS Improving Perinatal Mental Health <i>PS</i></b> Ritika Beweja, MD and Melissa Free, MD Penn State Health  <b>9 – 9:45 am</b> <b>Exercise Medicine <i>PS</i></b> William Callahan, DO	<b>8 – 9:45 am</b> <b>Joint Injections <i>PS</i></b> Jayson Loeffert, DO, Penn State Hershey  <b>Dermatology Procedures <i>PS</i></b> <b>Workshop (Suturing and Biopsies)</b> Matthew Helm, MD Penn State Hershey	Research Day begins at 10:15 am. Be sure to participate in the poster viewing sessions at designated times.  <b>Head shots are back! Professional headshots will be taken throughout the day.</b>

**9:45 – 10:15 am**  
**Wellness/ Exhibit/Refreshment Break and Headshots!Posters?**

CME	Workshops	Research Day
<p><b>10:15 – 11 am PS</b>  <b>Pediatric Obesity</b>            Marsha Novick, MD</p> <p><b>11 – 11:30 am PS</b>  <b>Dermatologic Conditions in Skin of Color</b>            Robert Danoff, DO, Jefferson Health</p>	<p><b>10:15 – 11:30 am</b>  <b>Dermatology Procedures PS</b>  <b>Repeat (Suturing and Biopsies)</b>            Matthew Helm, MD            Penn State Hershey</p>	<p><b>10:15 – 11:30 am</b>  <b>Research Segment #1</b></p>
<p><b>11:30 am – 1 pm</b>  <b>Annual Business Meeting Lunch</b>  <i>AAFP Update</i>  <i>Convocation of Fellow Degree</i></p>		
CME	Workshops	Research Day
<p><b>1 – 1:45 pm</b>  <b>Mobility and Fall Prevention in the Elderly PS</b>            Joshua Uy, MD</p> <p><b>1:45 – 2:30 pm</b>  <b>Wound Management PS (Didactic)</b>            Theresa Metanchuk, DO</p>	<p><b>1 – 2:30 pm</b>  <b>POCUS – Part 1 – Knees, Hips and Vascular PS</b></p>	<p><b>1 – 2:30 pm</b>  <b>Research Segment #2</b></p>
<p><b>2:30 – 3 pm</b>  <b>Wellness/Exhibit/Posters/Refreshment Break</b>  <b>Headshots are being taken too</b></p> 		
CME	Workshop	Research Day
<p><b>3 – 3:45 pm</b>  <b>Oral Medications for Weight Loss – Effectiveness and Side Effects PS</b>            Stacey Milunic, MD, Penn State Hershey</p> <p><b>3:45 – 4:30 pm</b>  <b>New Drugs for Hypertrophic Cardiomyopathy PS</b>            Jeffrey Zlotnick, MD, Tower Health</p>	<p><b>3 – 4:30 pm</b>  <b>POCUS Workshop – Part 2 (Abdominal) PS</b></p>	<p><b>3 – 4:45 pm</b>  <b>Research Segment #3</b></p>
<p><b>CME</b>  <b>4:30 – 5:15 pm</b>  <b>Pediatric Vaccines Review and Update PS</b>            Tiffany Leonard, MD, Hatboro, PA</p>		
<p><b>5:15 – 6:30 pm</b>  <b>Research Day and Annual Awards Cocktail Reception</b></p>		