

# CONNECT4 Spring Conference

Featuring our FM Essentials CME Summit, Annual Research Day,  
Annual Business Meeting and Celebration of Excellence in Family Medicine

April 6, 2024

Hershey Lodge and Convention Center

**Application for credit has been filed with the AAFPP. Determination of credit is pending.  
Application will be submitted shortly for AOA Category 1 credit.**

**The program is co-sponsored by the Philadelphia College of Osteopathic Medicine.**


**Faculty Disclosure** - All faculty participating in this continuing medical education activity are expected to disclose any real or apparent conflict(s) of interest related to the content of their presentation(s). Full disclosure of faculty relationships will be made at the activity. Any reported conflicts of interest were cleared prior to this event.




**Type Key:** CME  Research Day / Residents  Social  PAFP Business Meetings   
 PS = Patient Safety  Wellness  Opioid Ed  Child Protection CME 

### Attention Independent Practice Physicians!

Look for the specially marked tables in the session rooms for the opportunity to join your colleagues, brainstorm ideas and problem-solve the many issues you face on a daily basis.

**Note that all clinical sessions will be live streamed (with the exception of Act 31 Child Protection).**

FRIDAY, APRIL 5		
5:30 – 7:30 PM		<b>Resident Roundup – Life Skills They Don’t Teach you in Medical School</b>  Residents! Network and learn survival tips about making the transition to your practice post-residency. Early-career physicians, finance experts and physician recruiters explore the issues together. Plus, a perennial favorite: Contracts ... what NOT to sign.
SATURDAY, APRIL 6		
6:45 AM		<b>Registration Opens</b>
7 – 7:45 AM		<b>Exhibitor Meet and Greet Breakfast</b>
7 – 8 AM		<b>PAFP-PAC Breakfast with Special Guest Rep. Arvind Venkat (30<sup>th</sup> District/Allegheny County)</b> See registration form for details.
7:55 AM		<b>Opening and Welcome</b>
8 – 9 AM		<b>Recognizing and Responding to Children at Risk – Part 1</b> <b>PS</b>  Kathryn McCans, MD, Penn State Hershey Medical Center and Lisa A. Wheeler, Dauphin County Social Services, Harrisburg, PA
		<b>Fatty Liver and MASH</b> <b>PS</b> Aeketa Shah, DO, Jefferson Health

<p><b>Concurrent Sessions</b></p> <p>9 – 10 AM</p>		<p><b>Recognizing and Responding to Children at Risk – Part 2 (continuation of part 1) <i>PS</i></b> </p> <p>Kathryn McCans, MD, Penn State Hershey Medical Center and Lisa A. Wheeler, Dauphin County Social Services, Harrisburg, PA</p>
<p>9 – 9:30 AM</p>		<p><b>Vaccines Update – HPV and Pneumococcal <i>PS</i></b></p> <p>Julia Todd, DO, Jefferson Health</p>
<p>9:30 – 10 AM</p>		<p><b>Lung Cancer: Let’s Save Lives by Screening Eligible Patients <i>PS</i></b></p> <p>Grant Greenberg, MD, MA, MHSA, Lehigh Valley Health Network and Ronald Myers, DSW, Ph.D., FSBM, Thomas Jefferson University</p>
<p>10 – 10:30 AM</p>		<p><b>Research Day Poster Presentations, Refreshment break and Exhibit time</b></p> <p><i>Join in our stretch break – no experience necessary</i> </p> <p><i>Complimentary headshots by Shelby Berger Creative will be taken throughout the day upon request!</i></p>
<p><b>Concurrent Sessions</b></p> <p>10:30 – 11:30 AM</p>		<p><b>Striking a Balance: Understanding Pain Management and Opioids - Part 1</b>  <i>PS</i></p> <p>Annette Carron, DO</p> <p><b>Breathing Easy: Conquering Obstructive Sleep Apnea for Better Health <i>PS</i></b></p> <p>Paul Doghramji, MD, FAAFP, Collegeville, PA and Karl Doghramji, MD, Philadelphia, PA</p> <p><i>This segment, brought to you by the Medical Learning Institute, is the 4<sup>th</sup> and final installment in the series. Healthcare providers can obtain an additional 2.5 credits and actionable strategies you can put to practice to help your patients sleep better and breathe easier. Collect a piece of a digital coin and 0.5 credits for each of the 3-part on-demand activities you complete <u>prior</u> to this session and be entered to win an iPad Pro! <a href="https://mli.link/osa-pafp">https://mli.link/osa-pafp</a></i></p>
<p>10:30 – 11:30 AM</p>		<p><b>Research Day Presentations</b></p> <p>Students, Residents, and Physicians/Fellows present their original research projects in Community Health, Quality Improvement, and traditional Research Design.</p>
<p><b>Lunch</b></p> <p>11:30 AM – 1:30 PM</p>		<p><b>Annual Business Meeting Lunch</b></p> <ul style="list-style-type: none"> <li>• <i>AAFP Update – Russell Kohl, MD, AAFP Speaker of the House of Delegates</i></li> <li>• <i>Installation of President and Officers</i></li> <li>• <i>Awards and Degree of Fellow</i></li> <li>• <i>A Celebration of Excellence in Family Medicine</i></li> </ul> <p>Join us in celebrating outstanding leaders in Family Medicine! Theresa Metanchuk, DO, newly installed PAFP President and PAFP board members look forward to welcoming you as we applaud our award winners in the following categories: Family Physician of the Year, Public Health, and Exemplary Teaching. We look forward to conferring the degree of fellow to the latest class of recipients during the celebration as well.</p>
<p><b>Concurrent Sessions</b></p>		<p><b>Physician Well-being Sessions</b> - PAFP is committed to providing education that addresses all the needs of family doctors which is why we are offering a multi-part interactive and engaging series uses the Stanford Model of Professional Fulfillment as a framework to delve into all the aspects of physician well-being: culture of medicine, efficiency of practice, and individual wellness practice.</p>

1:30 – 2:30 PM		<b>Physician Well-being – Part 1</b> <i>PS</i>  <b>Compassion Fatigue and Individual Wellness</b> Caitlin Matthis, DO, Washington Health System and Melissa Clark, MD
		<b>AI in Medicine</b> <i>PS</i> James Spellos, Meeting U
1:30 – 4 PM		<b>Research Day Presentations</b> Students, Residents, and Physicians/Fellows present their original research projects in Community Health, Quality Improvement, and traditional Research Design.
<b>Concurrent Sessions</b>		
2:30 – 3:30 PM		<b>Physician Well-being – Part 2</b> <i>PS</i>  <b>The Culture of Medicine</b> Caitlin Matthis, DO, Washington Health System and Melissa Clark, MD
		<b>Suicide Assessment and Management in the Pediatric Population</b> <i>PS</i> James Waxmonsky, MD, Penn State Hershey Medical Center
3:45 – 4:30 PM		<b>Research Day Poster Presentations, Exhibit, Refreshment Break and Awards</b> <b>(Awards to begin at approximately 4:15 pm.)</b>  <b>Stretch Break</b>   <b>Complimentary headshots in the Chocolate Foyer will be available upon request!</b>
<b>Concurrent Sessions</b>		
4:30 – 5:30 PM		<b>Physician Well-being – Part 3</b> <i>PS</i>  <b>System Wellness</b> Caitlin Matthis, DO, Washington Health System and Melissa Clark, MD
		<b>Striking a Balance: Understanding Pain Management and Opioids - Part 2</b> <i>PS</i>  Annette Carron, DO
5:30 – 6:15 PM		<b>Physician Well-being – Wrap-Up</b> <i>PS</i>  Caitlin Matthis, DO, Washington Health System and Melissa Clark, MD



**Mark your calendars for these upcoming events!**

- [2<sup>nd</sup> Virtual Integrated Care Connecting Hour](#) – Lunch and Learn live webinar, Wednesday, March 13<sup>th</sup> – 12 – 1 pm.
- [June 9-13 – Summer SEA-M-E Conference](#), Hyatt Place, Dewey Beach, DE – Over 22 AOA and AAFP Prescribed credits!
- Family Medicine Advocacy Day at the Capitol, Harrisburg, PA – April 30, 2024
- July 20 – Member Appreciation and Family Day at Koebel’s Amusement Park, Elysburg, PA – Free picnic and parking and cheap ride tickets! Free t-shirt for members
- October 19 – Fall FM Essentials CME Summit, Drexelbrook Event Center, Drexel Hill, PA - Mandated and Patient Safety CME