

**PENNSYLVANIA ACADEMY OF FAMILY PHYSICIANS  
NOVEMBER 12-14  
The Westin Pittsburgh (and virtually)**

**Faculty Disclosure** - All faculty participating in continuing medical education activities sponsored by the PAFP Foundation are expected to disclose to the activity audience any real or apparent conflict(s) of interest related to the content of their presentation(s). Full disclosure of faculty relationships will be made at the activity. Any reported conflicts of interest were cleared prior to this event.

Type Key: CME  Fit and Healthy  Social  PAFP Business Meetings 

**PS = Patient Safety**

 = **Wellness**


**Mandated education**



Thursday, November 11		
2:00 pm – 3:30 pm		<b>Committee Meetings</b> GPAC COCPD
3:30 pm – 5 pm		Board of Directors Meeting
Friday, November 12		
8:00 am		<b>Registration and light breakfast</b>
8 am		<b>Social Lounge Open (all day)</b> <i>Gather and mingle with your colleagues to unwind and recharge. The Lounge will have limited beverages and snacks.</i>  <i>New! Need a break from everything just to have some quiet time? Stop by our Relax Zone to do just that. Available Friday and Saturday for conference attendees.</i>
8:30 – 11:30 am		<b>KSA – Care of Children – Part 1 PS</b> Americo Fraboni, MD Dept. of Family Medicine, University of Minnesota School of Medicine, Minneapolis; Fairview Northland Medical Center, Princeton, MN David Glenn Weismiller, MD, ScM, FAAFP, Dept. of Family and Community Medicine, University of Nevada, Las Vegas School of Medicine
8:30 am – 9:00 am		<b>The Psychological and Physiological Effects of Exercise PS</b> Jeffrey A. Zlotnick, MD, Penn State St. Joseph FMR, Reading, PA
9 – 9:45 am		<b>SSA Disability – An Overview for Family Physicians PS</b> Paul M. Smith, MD, North Huntingdon, PA
9:45- 10:30 am		<b>Ulcerative Colitis PS</b> William Sonnenberg, MD, Titusville
10:30 – 11 am		<b>Refreshment Break</b>
11 – 11:15 am		<b>Wellness Segment</b> 
11:15 am – 12 pm		<b>Implicit Bias PS</b> Perry Meadows, MD, Geisinger Health System, Danville, PA

12:00 pm – 1:00 pm		<p><b>Lunch</b></p> <p><b>Understanding Legal Tools: The Key to Lawsuit Prevention and Tax Reduction</b>  <b>Mr. Leland McKay, Springville, Utah</b></p> <p><i>This event is not part of the official Pennsylvania Academy of Family Physician's CME Conference. The content of this event and opinions expressed by the presenters are those of the sponsor/presenter and not that of the PAFP Foundation."</i></p>
1 – 3 pm		<b>KSA – Care of Children – Part 2</b>
1:00 pm – 1:45 pm		<p><b>Depression Medications – Use this in this instance, not that!</b> <b>PS</b></p> <p>Daniel Orr, Exton, Pa</p>
1:45 – 2:15 pm		<p><b>Humor in Medicine – The Funny Side of Family Practice – Part 1</b></p> <p>Gloria F. Donnelly, Ph.D., RN, FAAN, FCPP  Drexel University, College of Nursing and Health Professions</p>
2:15 - 2:25 pm		<b>Wellness activity</b> 
2:25 – 2:45 pm		<b>Advocacy 101 – What's in it for you and your patients?</b>
2:45 – 3 pm		<b>Refreshment Break</b>
3 – 3:45 pm		<p><b>Precepting Pennsylvania's Medical Students</b></p> <p>Amanda Kost, MD, Med, University of Washington School of Medicine</p>
3:45 pm – 5:45 pm		<p><b>Recognizing and Responding to Children at Risk – Act 31</b>  <b>PS</b></p> <p>David Turkewitz, MD, West Penn Hospital and  Bruce Noel, MSW, Allegheny County Dept of Human Services</p> <p><i>(This session is NOT available virtually)</i></p>
5:45 pm – 6:45 pm		<b>PAC Fundraiser</b>
6:30 pm – 8:15 pm		<p><b>Healthy Eating and Pairing</b></p> <p>Learn how to educate patients with evidence-based science, but translated through food, along with behavior change techniques.</p> <p>Bridge the gap of nutrition education with what patients understand about food.</p> <p>Join us for this healthy eating and pairing experience with a Registered Dietitian and Chef who will demonstrate just how easy eating healthy can be! Enjoy beverage pairings to accompany each selection.</p> <p><b>(NO FEE for registrants.)</b> \$20 fee for spouses/guests – see registration for information)</p>
<b>Saturday, November 13</b>		
7 am		<b>Social Lounge and Relax Zone available</b>
7 am – 8 am		<b>Wellness – Yoga</b> 
8:00 am – 9:00 am		<b>Breakfast – exhibitors information exchange</b>

9:00 am – 9:30 am		<b>Humor in Medicine...The Funny Side of Family Practice...Part 2</b> Gloria F. Donnelly, Ph.D., RN, FAAN, FCPP Drexel University, College of Nursing and Health Professions
9:30 – 10:30 am		<b>Moral Injury as a Course of Healthcare Worker Harm</b> <i>PS</i> Robert Lennon, MD, JD, FAAFP, Penn State Hershey
10:30 am – 11 am		<b>Info Exchange with Exhibitors (refreshments provided)</b>
11 am – 11:15 am		<b>Wellness segment TBD</b> 
11:15 am – 12 pm		<b>Diabetes Pharmacology – What to Use When</b> <i>PS</i> Andrew Lutzkanin, MD, FAAFP, Penn State Health
12 pm – 12:45 pm		<b>Lunch and Information sharing</b>
12:45 pm – 1:45 pm		<b>Technology and Medicine – A Panel</b> <b>Most Useful Apps for Family Physicians and Patients</b>
1:45 – 2:30		<b>Management of Rheumatoid Arthritis in Primary Care</b> Gregory Dobash, MD, St. Luke’s Health Network, Bethlehem, PA
2:30 – 3 pm		<b>Refreshment Break / Exhibit Time</b>
3:00 pm – 4 pm		<b>Challenges in the Prevention of Influenza: Current Status, High Risk Populations, the COVID-19 Pandemic and Vaccine Hesitancy</b> <i>PS</i> Robert H. Hopkins, Jr., MD, University of Arkansas for Medical Sciences
4 – 4:45 pm		<b>Healthcare Delivery Models – A Panel</b> <b>Pros and Cons – Concierge, Employed, Solo, DPC, Value-Based</b> <i>PS</i> Harry Haus, MD – Concierge Samidha Bhat, MD – Value-Based Tiffany Leonard, MD, FAAFP – DPC Andrew Lutzkanin, MD, FAAFP -Employed Edward Zurad, MD, FAAFP - Solo
4:45 – 5:15 pm		<b>COVID Update</b> <i>PS</i>
<b>5:30 pm – Tailgate social! Everyone invited to this fun event!</b>  <b>Be sure to wear your favorite college or pro team jersey.</b>  <b>Lots of surprises in store!</b>		
<b>Sunday, November 14</b>		
7:30 am – 8:15 am		<b>Wake up Wellness Activity</b> 
8:15 am – 9 am		<b>Breakfast and PAFP Legislative Update</b>
9 am – 10:00 am		<b>Pain Management and Opioids: Balancing Risks and Benefits – Part 1</b>  <i>PS</i> Barbara Nightingale, MD, UPMC McKeesport Latterman Family Health Center

<b>10:00 am – 10:25 am</b>		<b>Check out break (refreshments provided)</b>
<b>10:30 am – 11:15 am</b>		<b>Differentiating between Bipolar and Depression <i>PS</i></b> Tanya Vishnevsky, Ph.D, Newtown, PA and Kyle Holsinger, PsyD, LifeStance Health
<b>11:15 – 12 pm</b>		<b>Reducing the Risk of Cardiovascular Disease and Interconnected Disorders <i>PS</i></b>
<b>12 – 1 pm</b>		<b>Pain Management and Opioids: Balancing Risks and Benefits – Part 2  <i>PS</i></b> Barbara Nightingale, MD, UPMC McKeesport Latterman Family Health Center
<b>1 pm</b>		<b>Closing remarks and drawing</b>