



# PENNSYLVANIA ACADEMY OF FAMILY PHYSICIANS

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## Lebanon doc named ‘Teacher of the Year’

*(HARRISBURG, PA. Feb. 21, 2020)* Abdul Waheed, MD, who practices in Lebanon, has been named the Pennsylvania Academy of Family Physicians’ 2020 Exemplary Teacher of the Year!

Waheed, who serves as Program Director of WellSpan Good Samaritan Hospital’s Family Medicine Residency Program in Lebanon, earned his medical degree from Aga Khan University, Karachi, Pakistan. He completed his residency training in family and community medicine at the Pennsylvania State University Hershey Medical Center in Hershey.

In addition to the PAFP, Waheed is a member of the Society of Teachers of Family Medicine and the North American Primary Care Research Group. He has lectured on topics including mentorship during residency training, science and the scientific method, and the impact on health care of the war on terror.

Waheed’s tremendous impact on family physicians in training can’t be understated.

“His ability to speak to anyone at their level of knowledge, and his excitement to share his wealth of knowledge with others are traits that I hope to someday have as a practicing family medicine physician,” said a resident. “The many positive traits, and positive affirmations from his patients that I observed during my medical school rotations at WellSpan Good Samaritan Hospital solidified in my mind that I wanted to be a part of his residency program.”

“He is an amazing and very effective teacher who keeps looking for avenues to improve himself and others when it comes to education,” said another resident. “I can call him my friend, mentor, coach and most of all teacher.”

The Pennsylvania Academy of Family Physicians and its Foundation supports its members (including nearly 80 percent of Pennsylvania family physicians) through advocacy and education to ensure physician-coordinated, personalized, and comprehensive quality health care for every Pennsylvanian. The Academy and its Foundation are the leading influential resource among family physicians and physicians in training in Pennsylvania; the primary voice on health care issues with state legislative and administrative branches of government, media and professional health organizations; and the leader on health care issues in the community.

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